



HOUSE 22
REGENERATIVE
MED SPA

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CENTRE FOR REGENERATIVE WELLNESS



Welcome to House22 Regenerative Med Spa

At House22 Regenerative Med Spa, we blend cutting-edge technology with personalized care to help you achieve your beauty and wellness goals. Our mission is to provide you with the highest quality treatments in a luxurious and serene environment. We are committed to enhancing your natural beauty and improving your overall well-being through a range of advanced aesthetic and regenerative treatments.





Our Approach

PERSONALIZED CARE AT EVERY STEP

At House22, we follow a meticulous approach to ensure you receive the best care possible.

Consultation: We begin with a thorough consultation to understand your unique needs and aesthetic goals.

Analysis: Our experts conduct an in-depth analysis of your skin and health to tailor the perfect treatment plan.

Personalized Treatment: We create a customized treatment plan designed specifically for you, utilizing the latest technologies and techniques.

Follow-Up: Continuous support and follow-up appointments to monitor your progress and ensure optimal results.

Our Location

A STATE-OF-THE-ART FACILITY

Nestled in the heart of Chicago's Gold Coast, House22 Regenerative Medspa offers a state-of-the-art facility designed to provide the ultimate in comfort and relaxation.

Our medspa features modern amenities, including private treatment rooms, a serene relaxation area, and advanced medical equipment to ensure you receive the highest quality care.



Our Team

MEET OUR EXPERTS

Our team of experienced practitioners is dedicated to providing exceptional care. Each member brings a wealth of expertise and a passion for helping you achieve your aesthetic and wellness goals.

Bianca Belia Timbota - Founder & Lead Aesthetician at House22 Regenerative Medspa

Bianca Belia Timbota, the driving force behind House22 Regenerative Medspa, has been passionately transforming lives through the art and science of skincare since 2005. With a deep-seated belief in the power of advanced treatments and a commitment to personalized care, Bianca has built House22 into the premier destination for regenerative medspa services in the Midwest.

Bianca's commitment to excellence and continuous learning are reflected in her impressive array of certifications. She honed her foundational skills at the Elle Beauty Institute and has since trained in advanced Botox and filler injectables under renowned experts, including Simon Ourian, MD in Beverly Hills, Illiana Murray, Ph.D., and Rana Kennelly. She has received further training and certifications in Advanced Microneedling with Bellus Medical, ZO® Skin Health with Dr. Zein Obagi, and Oxylight treatments through Raja Medical.

Her approach is both holistic and personalized, focusing on harnessing the latest advancements in regenerative medicine to deliver transformative results. Bianca's belief in combining science with a touch of serenity is evident in every aspect of House22, where clients are guided on their unique wellness journeys with care and expertise.

Bianca's inspiring journey and continuous innovation have positioned House22 as a trusted leader in regenerative medspa treatments. She eagerly anticipates welcoming you to House22, where your path to renewed vitality and beauty awaits.

Dr. Julie Levitt, MD - Esteemed Practitioner at House22 Regenerative Medspa

Dr. Julie Levitt, MD, brings over 29 years of unparalleled medical expertise to House22 Regenerative Medspa. As a highly respected obstetrician and gynecologist based in Chicago, Dr. Levitt has devoted her career to advancing women's health through comprehensive and compassionate care. A Northwestern University graduate, she is board-certified and has been a clinical instructor at Northwestern Memorial Hospital since 1998.

Beyond her professional achievements, Dr. Levitt is a staunch advocate for holistic wellness. She believes that good nutrition and regular physical exercise are essential components of every woman's daily regimen. An enthusiastic marathon runner dedicated to maintaining a healthy lifestyle, she has participated in both the Chicago and Boston marathons.

Dr. Julie Levitt's extensive experience and dedication to patient care make her a trusted and inspiring member of the House22 Regenerative Medspa team. She looks forward to welcoming you to House22 and assisting you in achieving your health and wellness aspirations.



Services

REGENERATIVE WELLNESS DETOX & RECOVERY

IV Vitamin Drip

Our IV Vitamin Drip therapy delivers essential vitamins and nutrients directly into your bloodstream for maximum absorption, enhancing your energy levels, immunity, and overall wellness. It's a quick and efficient way to combat fatigue, boost hydration, and replenish vital nutrients.

Vitamin Shot

Vitamin shots provide a concentrated dose of essential vitamins directly into your system, helping to boost energy, enhance immunity, and support overall health. This method ensures rapid absorption and immediate benefits, making it an effective solution for those needing a quick health boost.

Oxygen Pod

The Oxygen Pod therapy delivers high levels of pure oxygen to your body, promoting healing, reducing stress, and boosting overall energy levels. It supports cellular health and improves the body's ability to repair and regenerate tissues.

PEMF Mat Therapy

PEMF (Pulsed Electromagnetic Field) Mat Therapy uses electromagnetic fields to enhance circulation, reduce inflammation, and promote healing at the cellular level. It's an effective treatment for pain relief, improved energy levels, and overall wellness.

Salt Cave Therapy

Salt Cave Therapy, or Halotherapy, involves relaxing in a room filled with natural salt particles that help to clear respiratory passages, improve skin conditions, and enhance overall wellness. It provides a tranquil environment to de-stress and rejuvenate.





IV VITAMIN SHOT

Boost Your Energy and Immunity with IV Vitamin Shots

What It Is: Our IV Vitamin Shots provide a quick and effective way to boost your energy and enhance your overall wellness by delivering essential vitamins and nutrients directly into your bloodstream.

How It Works: A mixture of vitamins and nutrients is infused directly into your bloodstream, bypassing the digestive system for maximum absorption and immediate effects.

BENEFITS:

- **Immediate Energy Boost:** Feel revitalized and energized instantly.
- **Enhanced Immunity:** Strengthen your immune system to ward off illnesses.
- **Overall Wellness:** Improve your general health and vitality.

What to Expect: The treatment is quick and convenient, typically lasting around 30 minutes. You can expect to feel the benefits almost immediately after the session.

ADVANCED LIGHT TREATMENTS

Celluma® Light Therapy

Celluma® Light Therapy uses LED light energy to accelerate cellular repair and improve skin health. It is effective for treating acne, reducing signs of aging, and relieving pain.

Red Light Therapy

Red Light Therapy utilizes red and near-infrared light to penetrate the skin and promote cellular repair and regeneration. It helps reduce inflammation, enhance skin appearance, and improve overall health.





RED LIGHT THERAPY AND CELLUMA THERAPY

Enhance Your Skin Health with Light Therapy.

Whether you choose Red Light Therapy or Celluma Therapy, both use light energy to stimulate cell regeneration and improve skin health, offering a non-invasive treatment for various skin concerns.

BENEFITS:

Cell Regeneration: Red and near-infrared light penetrate the skin to boost the skin's natural healing processes.

Improved Skin Health: Reduces inflammation and enhances skin appearance.

Non-Invasive: Safe and effective without downtime.

What to Expect: Each session is comfortable and relaxing, with no downtime required. Results are gradual, with improvements in skin texture and overall health.





Aesthetic Treatments

INJECTABLES

Botox® Treatment is a popular injectable treatment that temporarily relaxes facial muscles to reduce the appearance of fine lines and wrinkles. It is especially effective for crow's feet, frown lines, and forehead wrinkles.

Dysport® Treatment Similar to Botox®, Dysport® reduces the appearance of wrinkles by relaxing facial muscles. It spreads slightly more than Botox®, making it ideal for larger treatment areas.

Xeomin® Treatment is another botulinum toxin injectable that targets fine lines and wrinkles. It is a purified form of botulinum toxin, without any additives, reducing the risk of antibody resistance.

Kybella® is an injectable treatment specifically designed to reduce submental fat, commonly known as a double chin. It dissolves fat cells, resulting in a more contoured and defined jawline.

Skin Boosters are injectable treatments that improve skin hydration, elasticity, and overall appearance. They are formulated with hyaluronic acid and other nourishing ingredients to rejuvenate the skin from within.

Dermal Fillers are injectable treatments that add volume to the skin, enhancing facial contours and reducing the appearance of wrinkles and lines. They are commonly used for lips, cheeks, and jawline enhancement.

Radiesse® is a dermal filler that stimulates collagen production, providing immediate volume and long-lasting results. It is ideal for deeper wrinkles and facial folds.

Sculptra® is a biostimulating dermal filler that promotes collagen growth, gradually restoring facial volume and improving skin texture over time. It provides natural-looking and long-lasting results.

Face Artistry Face Artistry involves customized injectable treatments to enhance facial features, improve symmetry, and create a harmonious and aesthetically pleasing appearance. Our expert practitioners use advanced techniques to achieve natural-looking results tailored to each individual's unique facial structure.

PRP/PRF Therapy and Hair Restoration with Exosomes utilizes the body's own platelets to promote healing and rejuvenation. These treatments are effective for skin rejuvenation, hair restoration, and overall tissue regeneration.

Hair Restoration with Exosomes This advanced treatment uses exosomes derived from stem cells to promote hair growth and restore hair density. It provides a non-surgical solution for thinning hair and hair loss, delivering visible results over time.



BOTOX® TREATMENT

Smooth Out Wrinkles with Botox®

What It Is: Botox® is one of the most popular and trusted cosmetic treatments worldwide, offering a non-surgical solution to reduce the appearance of fine lines and wrinkles.

How It Works: Botox® works by temporarily blocking nerve signals to the muscles, preventing them from contracting. This relaxation of the muscles smooths out wrinkles and fine lines, particularly around the eyes, forehead, and mouth.

BENEFITS:

Wrinkle Reduction: Effectively reduces crow's feet, frown lines, and forehead wrinkles.

Preventative Treatment: Regular Botox® treatments can prevent new wrinkles from forming.

Quick and Convenient: The procedure is quick, with minimal downtime, allowing you to return to your daily activities immediately.

What to Expect: During your consultation at House22, our expert practitioners will assess your skin and discuss your aesthetic goals. The Botox® injections are then administered with precision and care. After the treatment, you can expect to see noticeable results within a few days, with full effects appearing in about two weeks.

DERMAL FILLERS

Enhance Your Facial Contours with Dermal Fillers

What It Is: Dermal fillers are injectable treatments designed to add volume and definition to your face, creating a balanced and rejuvenated appearance.

How It Works: Cheek fillers, jawline fillers, and lip fillers are types of dermal fillers injected into specific areas to restore volume and enhance facial symmetry.

BENEFITS:

Volume Restoration: Adds volume to sunken cheeks and other areas.

Enhanced Contours: Improves facial contours and balance.

Non-Surgical: Provides a non-invasive alternative to surgery.

What to Expect: During your session at House22, our skilled practitioners will assess your facial structure and discuss your aesthetic goals. The fillers are then carefully injected to achieve the desired results. The procedure is quick, with minimal downtime.

BIOSTIMULATING DERMAL FILLERS (Radiesse® AND SCULPTRA®)

Stimulate Collagen with Radiesse® and Sculptra®

What It Is: Radiesse® and Sculptra® are biostimulating dermal fillers that not only add volume but also stimulate collagen production for long-lasting results.

How It Works: These fillers are injected into targeted areas to promote natural collagen production, providing a gradual and sustained improvement in volume and skin texture.

BENEFITS:

Long-Lasting Volume: Gradual and lasting volume restoration.

Improved Skin Texture: Enhances overall skin quality.

Natural-Looking Results: Results appear natural and are achieved over time.

What to Expect: The treatment involves a series of injections over a few sessions. Initial improvements are visible within a few weeks, with full effects developing over several months.



PRP/PRF THERAPY

Harness the Power of Your Own Platelets

What It Is: PRP (Platelet-Rich Plasma) and PRF (Platelet-Rich Fibrin) therapies use your own platelets to promote healing and rejuvenation.

How It Works: Blood is drawn and processed to concentrate the platelets, which are then injected into targeted areas to stimulate collagen production and tissue regeneration.

BENEFITS:

Natural Rejuvenation: Uses your body's own resources.

Improved Skin Texture: Enhances skin quality and reduces signs of aging.

Versatile Treatment: Can be used for skin, hair restoration, and more.

What to Expect: The procedure is minimally invasive with little to no downtime. Results develop gradually over several weeks as the body responds to the treatment.





AESTHETIC TREATMENTS - LASER TREATMENTS BY SCITON®

BBL™ - Sciton Forever Bare Forever Bare BBL™ is an advanced hair removal treatment that uses broadband light to target and eliminate hair follicles. It provides long-lasting results and is safe for various skin types.

BBL™ - Sciton Forever Clear Forever Clear BBL™ is a light-based treatment designed to clear acne by targeting bacteria, reducing inflammation, and promoting skin healing. It is suitable for both teens and adults.

BBL™ - Sciton Forever Young Forever Young BBL™ is a skin rejuvenation treatment that uses broadband light to address signs of aging, such as pigmentation, redness, and texture irregularities. It helps to maintain youthful, healthy skin.

Contour TRL Contour TRL (Tunable Resurfacing Laser) is a laser treatment that precisely removes the outer layers of skin to improve texture, tone, and overall appearance. It is effective for deep wrinkles, scars, and sun-damaged skin.

SkinTyte® by Sciton SkinTyte® uses advanced infrared light technology to deeply heat the skin while cooling and protecting the surface. This stimulates collagen production and tightens skin, providing a firmer and more youthful appearance.

Halo® Laser Treatment Halo® is a hybrid fractional laser that delivers both ablative and non-ablative wavelengths to target skin damage and signs of aging. It improves skin texture, tone, and appearance with minimal downtime.

Laser Skin Resurfacing Laser Skin Resurfacing treatments use advanced laser technology to remove damaged skin layers, promoting the growth of healthy, new skin. This treatment addresses wrinkles, scars, and pigmentation issues.



BROADBAND LIGHT (BBL®)

Comprehensive Light Treatment for Various Skin Concerns

What It Is: BBL® (BroadBand Light) therapy offers versatile treatments for a range of skin issues, including acne, pigmentation, and signs of aging.

How It Works: Using advanced light technology, BBL® targets and treats specific skin concerns with precision and effectiveness.

BENEFITS:

Acne Treatment: Reduces acne and prevents future breakouts.

Pigmentation Correction: Evens out skin tone and reduces dark spots.

Anti-Aging: Stimulates collagen production for youthful skin.

What to Expect: Each treatment session is quick and comfortable, with minimal downtime. Results are visible after a few sessions, with continued improvement over time.

HALO® LASER TREATMENT

Rejuvenate Your Skin with Halo® Laser Treatment

What It Is: The Halo® Laser Treatment is a revolutionary procedure that combines deep dermal rejuvenation with epidermal renewal, offering remarkable results for your skin.

How It Works: Using dual wavelengths, the Halo® laser targets both the surface and deeper layers of your skin to address various skin concerns, including fine lines, sun damage, and uneven skin tone.

BENEFITS:

Radiant Skin: Achieve a glowing, youthful complexion.

Reduced Fine Lines: Minimize the appearance of wrinkles.

Improved Skin Tone: Even out skin discoloration and texture.

What to Expect: The procedure is quick, with minimal downtime. You can expect to see noticeable results within a few days, with full effects appearing in about two weeks.





SKINTYTE®

Firm and Tighten Your Skin

What It Is: SkinTyte® by Sciton® uses advanced light technology to firm and tighten loose skin, providing a non-surgical solution for a more youthful appearance.

How It Works: Infrared light is delivered deep into the skin to stimulate collagen production and tighten existing collagen fibers.

BENEFITS:

Skin Tightening: Improves skin elasticity and firmness.

Non-Invasive: Offers a safe and non-surgical option.

Quick Results: Noticeable improvements after a few sessions.

What to Expect: The procedure is comfortable, with no downtime. Results are gradual, improving over several weeks as new collagen is produced.

CONTOUR TRL®

Resurface and Rejuvenate Your Skin

What It Is: Contour TRL® (Tunable Resurfacing Laser) provides advanced laser skin resurfacing, addressing a wide range of skin concerns from fine lines to deep wrinkles and scars.

How It Works: The laser removes layers of damaged skin, stimulating the production of new, healthy skin cells and collagen.

BENEFITS:

Deep Resurfacing: Effectively treats deep wrinkles and scars.
Improved Skin Texture: Smooths and rejuvenates the skin.

Customizable Treatment: Adjustable settings for personalized results.

What to Expect: The procedure involves some downtime, with recovery time depending on the depth of treatment. Results are significant and long-lasting.





AESTHETIC TREATMENTS - SKIN HEALTH & FACIALS

Custom Chemical Peels Custom Chemical Peels involve applying a specialized solution to exfoliate and rejuvenate the skin. These peels address various skin concerns, including acne, pigmentation, and signs of aging.

Dermaplaning Dermaplaning is a manual exfoliation technique that removes dead skin cells and fine vellus hair, leaving the skin smooth and radiant. It enhances the absorption of skin-care products and makeup application.

Gold Coast Glow Facial The Gold Coast Glow Facial is a luxurious treatment that combines cleansing, exfoliation, and hydration to leave the skin glowing and refreshed. It is ideal for all skin types and provides instant radiance.

Ultimate Gold Coast Facial The Ultimate Gold Coast Facial is an advanced treatment that includes deep cleansing, exfoliation, extraction, and hydration. It targets multiple skin concerns and leaves the skin rejuvenated and radiant.

Acne Facial The Acne Facial is designed to treat and prevent acne breakouts. It includes deep cleansing, exfoliation, and targeted treatments to reduce inflammation and clear the skin.

Hydrafacial Treatment Hydrafacial Treatment combines cleansing, exfoliation, extraction, and hydration using a patented device. It delivers instant and long-lasting results, improving skin texture and tone.

Microneedling Treatment Microneedling involves creating tiny micro-injuries in the skin to stimulate collagen production and improve texture and tone. It is effective for reducing fine lines, wrinkles, and scars.

Microneedling Treatment with PRX/T33 This treatment combines microneedling with PRX/T33, a powerful biorevitalization solution, to enhance skin rejuvenation. It provides deeper penetration and improved results.

Microneedling Treatment with Exosomes Microneedling with Exosomes involves using exosome-rich serums to promote healing and regeneration. This enhances the effectiveness of microneedling and accelerates skin repair.

Microneedling Treatment with PRX/T33 & Exosomes Combining microneedling with both PRX/T33 and exosomes provides maximum rejuvenation benefits. It targets multiple skin concerns and delivers comprehensive results.

Oxylight® Infrared Facial Therapy uses light and oxygen technologies to rejuvenate the skin, improve texture, and reduce signs of aging. It provides immediate and long-lasting results.

PRX/T33 Treatment is a non-peeling skin revitalization treatment that stimulates skin regeneration and improves texture and elasticity. It provides a youthful and radiant appearance without downtime.

Lipomassage by LPG Endermologie® is a mechanical massage technique that reduces cellulite, improves skin tone, and promotes lymphatic drainage. It enhances body contour and overall skin appearance.



MICRONEEDLING WITH PRX/T33 AND EXOSOMES

Advanced Microneedling for Optimal Results

What It Is: Combining microneedling with PRX/T33 and exosomes, this treatment offers advanced skin rejuvenation by stimulating collagen production and enhancing skin health.

How It Works: Microneedling creates micro-injuries in the skin, while PRX/T33 and exosomes promote deeper healing and regeneration, resulting in smoother and more radiant skin.

BENEFITS:

Enhanced Collagen Production: Boosts the skin's natural repair processes.

Improved Skin Texture: Reduces fine lines, scars, and hyperpigmentation.

Comprehensive Rejuvenation: Combines multiple advanced techniques for optimal results.

What to Expect: The treatment involves a series of sessions, each lasting about an hour. Minimal downtime is required, and results improve with each session.





Regenerative Medicine

Regenerative Medicine at House22 encompasses a range of innovative treatments designed to promote healing, rejuvenation, and overall wellness. Our services include advanced wellness therapies that harness the body's natural ability to repair and regenerate. Whether you're looking to rejuvenate your skin, restore hair growth, get help with your weight loss journey, or enhance your overall health, our regenerative medicine treatments provide safe, effective, and non-invasive solutions tailored to your individual needs.

FUNCTIONAL MEDICINE FOR WEIGHT LOSS

Personalized Weight Loss Solutions

What It Is: Our functional medicine approach to weight loss focuses on a comprehensive evaluation and personalized treatment plan to help you achieve sustainable weight loss and improved health.

How It Works: Through a detailed assessment of your health, lifestyle, and nutritional needs, we create a customized plan that includes dietary guidance, exercise recommendations, and natural therapies.

BENEFITS:

Sustainable Weight Loss: Achieve and maintain a healthy weight.

Improved Health: Enhance overall health and well-being.

Personalized Plan: Tailored strategies that work for your unique needs.

What to Expect: The process begins with an in-depth consultation to assess your health and set realistic goals. Regular follow-ups ensure you stay on track and adjust your plan as needed.



NATUROPATHIC MEDICINE

Holistic Health with Naturopathic Medicine

What It Is: Naturopathic medicine at House22 focuses on holistic health, using natural therapies and personalized care plans to treat and prevent illness.

How It Works: Our naturopathic doctors use a combination of natural remedies, lifestyle changes, and preventive care to promote wellness and address health issues at their root cause.

BENEFITS:

Natural Therapies: Safe and effective natural treatments.

Comprehensive Care: Addresses physical, mental, and emotional health.

Preventive Approach: Focuses on preventing illness and maintaining health.

What to Expect: Each session involves a thorough evaluation of your health and lifestyle, followed by a personalized treatment plan. Continuous support and monitoring ensure you achieve optimal health.

EXOSOME THERAPY FOR FACIAL REJUVENATION WITH STEM CELLS

Revitalize Your Skin with Exosome Therapy

What It Is: Exosome therapy utilizes stem cells to rejuvenate the skin, offering a cutting-edge treatment for facial rejuvenation.

How It Works: Exosomes, derived from stem cells, are infused into the skin to promote cell regeneration and collagen production, resulting in a youthful and radiant complexion.

BENEFITS:

Cell Regeneration: Stimulates the natural repair processes of the skin.

Youthful Appearance: Reduces signs of aging and improves skin texture.

Non-Invasive: Offers a non-surgical option for skin rejuvenation.

What to Expect: The procedure involves a series of infusions, with little to no downtime. Results gradually improve over several weeks, revealing smoother and more youthful skin.

WHY CHOOSE HOUSE22 REGENERATIVE MEDSPA?

At House22 Regenerative Medspa, we are dedicated to providing you with the highest quality care in a luxurious and serene environment. Our personalized approach ensures that each treatment plan is tailored to your unique needs, delivering optimal results.

Experienced Practitioners: Skilled and compassionate professionals.

State-of-the-Art Facility: Modern and comfortable environment.

Cutting-Edge Technology: Advanced treatments for superior outcomes.

Download Our App

Scan the QR code to download our app, where you can see prices, make bookings, and stay updated with the latest offers and treatments.

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